

The *Rainbow Program* is a research based early intervention program aimed at the following objectives:

- Helping students get a good start in school
- Developing and enhancing social skills
- Fostering healthy self-concept
- Improving school adjustment
- Developing leadership skills
- Assisting with life transitions

The Rainbow Program is available at all of the San Ramon Valley Unified School District Elementary School Sites. Para-professionals are trained and staffed to work with students in the program. Each week the para-professionals meet with a School Psychologist for consultation on the students in the program.

The *Rainbow Program* offers the following individualized and social skills programs:

<u>PIP Program</u> (Primary Intervention Program)

- 1 to 1 attention from a trained paraprofessional in **non-directive** play sessions for grades TK-5
- 30 minutes a week in activity room for 12 weeks
- Non-directive play with choices of a variety of activities such as games, art, and crafts
- Ideal for students who may be going through transitions (divorce, illness, death, family relocations, and other stressful changes)

Second Step

- Small groups of 2 to 4 students, grades TK-5 who meet weekly for 12 weeks
- 45 minutes per week in activity room structured Second Step social skills lesson, then a supervised 10 - 15 minute free choice play time
- Units on Empathy, Problem Solving, Emotion Management, and Skills for Learning (focusing attention, listening, and staying on task)

Steps to Respect

- Small groups of 2 to 5 students, grade 3-5 who meet weekly for 15 weeks
- 45 minutes per week in activity room –social skills lesson, then a supervised 10 15 minute free choice play time
- Literature based social skills curriculum for 3rd 5th graders

PALS

- Small groups of 2 to 4 students, grades TK-3 who meet weekly for 12 weeks
- 45 minutes per week in activity room friendship lesson, then a supervised 10 15 minute free choice play time
- PALS focuses on building and maintaining friendships

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